



The City of Beacon  
 Recreation Department  
**After School Program**  
**2017-2018, Session 1**

September 11<sup>th</sup> through November 10<sup>th</sup>

Welcome to the Beacon After School Program, held in J.V. Forrestal, Sargent and South Ave. Elementary schools. This program offers more than just child care; the program offers exposure to many different activities; an opportunity for your child to try something new or learn more about something they already enjoy. It is our goal to provide a safe and fun recreational experience to all participating children while providing opportunity for enrichment

Each day, the children are dismissed from their classroom directly to the program, where they have about thirty minutes of free play followed by a snack. From 4:00 to 4:50 is the first activity period followed by a second fifty-minute activity period. Scheduled activities are complete around 5:45. Parents are welcome to pick their child up at any time prior to 6:00.

Your child may attend any number of days per week. Activities will fill up fast; secure your space early if you want a particular activity. Please see the chart below for the schedule of daily activities<sup>1</sup>

|           | Monday              | Tuesday              | Wednesday        | Thursday             | Friday      |
|-----------|---------------------|----------------------|------------------|----------------------|-------------|
| Sargent   | Fantastic Beasts    | Silly Science        | BeBhakti Yoga    | Martial Arts         | Food Friday |
| South     | Come Paint!         | Musical Explorations | 5 Hens Baking    | The Ground Radio     | Food Friday |
| Forrestal | All Sorts of Sports | Martial Arts         | Fantastic Beasts | Musical Explorations | Food Friday |

In addition to the main activities above, children have alternative activities to select from each day. This includes an opportunity to complete homework.

We offer four sessions each school year, each session will have different activities at each school. You must re-register for each session. We thank you for the opportunity to be inspired by your children.

This program is registered through the New York State Office of Children and Family Services.

Office Use Only  
 Register Code: **AFTSCH**

Total Fees Paid: \$

Date:

Pymt Type:

<sup>1</sup> A description of each activity is on the back

## ABOUT OUR ACTIVITIES



**All Sorts of Sports** will start each day with dynamic warm ups that build strength, agility, and coordination; a great way to experiment with movement. We will play to develop the skills and teamwork required for a wide variety of sports. Participants will help to select the sports we play! We may play soccer, kickball, basketball or badminton. Class will be outside whenever weather allows.

**All-Star Martial Arts** - Learn the basics through kicking, punching, blocks, self-defense, break falling, rolling, and maybe even board breaking. Techniques are reinforced through motivation, fun and games. Students will work to gain confidence, listening skills, self-control, and goal setting. It is a jammed packed session of movement and fun. Program is progressive for returning students



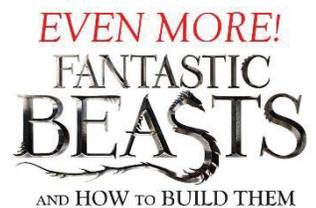
**Baking with Five Hens** - Join Five Hens Baked Goods for baking and cooking lessons designed to foster children's kitchen skills. Your child will be trying new foods as we build confidence in the kitchen. Kids will learn about measurements and adapting recipes, the science involved in baking as well as a general knowledge and an appreciation of food. Every class, your child will create and sample a tasty delight. *Every class features new recipes!!!*

**BeBhakti Kids Yoga** -: Children naturally practice patience, compassion, love and devotion which we cultivate through yoga play. Children get to know themselves and connect with each other by exploring and sharing their creativity and inner wisdom. Yoga teaches kids to use breath to create space between their thoughts and their reactions, learning to move and to pause with awareness and intention.



**COME PAINT!** and explore and experiment with materials and paint to discover art ideas. This class will emphasize the process of art making over a finished product. We will work with things we find outdoors and "discarded" materials, giving them a second life through our art. Through play and creative problem solving each child will create their own unique work.

**(Even More) Fantastic Beast and How to Build Them** Using a variety of materials, kids will be introduced to the limitless world of making sculpture. We will use various crafting techniques to imagine and build creations of all types - people, pets, mythical creatures or forms of their own invention. With a focus on using upcycled materials, we will experiment with building smaller figures, wearable sculptures and larger scale installations. We will look at artworks throughout history for inspiration and work together to bring our own ideas to life!



**Food Fridays** - Join us every Friday for a culinary treat. Participants will get creative in the kitchen while learning about nutrition. We'll be having so much fun, kids might not notice it's good for them! Each week, kids will make their own snacks with a focus on trying new things. Each recipe will be something that the kids can make for themselves

Get Heard at the **Ground Recording Studio!** The Ground Radio is teaching us how to get our voice out there. We will be making audio recordings to be shared. Participants will learn about recording, post production and publishing. Older kids will be making podcasts. Younger kids will be creating audio books. All of it will be available for free download to be heard!



We hypothesize your child will have a lot of fun being part of **Silly Science!** Each week we will undertake a different experiment to learn about chemical reactions, the physical properties of matter and the manipulation of energy. The focus is fun with a sprinkle of science and discovery.

**Musical Exploration!** An exploration into sound and music for all ages. No musical background is needed, only your child's ears and imagination! Participants will find out how sound is made and explore the difference between music and noise. We will create instruments from household items to learn basic rhythm and melody.





**2017-2018 - Session 1**

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Return Completed Document to: **City of Beacon Recreation Department**  
**23 West Center Street**  
**Beacon, NY 12508**

| School | Monday               | Tuesday              | Wednesday            | Thursday             | Friday               | 5 Days               | Total |
|--------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|-------|
|        | \$125                | \$125                | \$125                | \$125                | \$125                | \$125                |       |
|        | Add'l child<br>\$110 | Add'l child<br>\$550 |       |

*Please select days you are enrolling and the school your child attends.*

*Fee is per entire session of programming. This works out to approx. \$12.50 per day.*

|                  |  |  |  |  |  |  |  |
|------------------|--|--|--|--|--|--|--|
| <b>Sargent</b>   |  |  |  |  |  |  |  |
| <b>Forrestal</b> |  |  |  |  |  |  |  |
| <b>South Ave</b> |  |  |  |  |  |  |  |

Child Name:

**ALL REGISTRATIONS MUST FILL OUT FORM COMPLETELY**

|                        |  |         |                |      |  |
|------------------------|--|---------|----------------|------|--|
| Current Grade:         |  | Gender: |                | Age: |  |
| Teacher                |  |         | Date of Birth: |      |  |
| Parent/ Guardian Name: |  |         |                |      |  |
| Address:               |  |         |                |      |  |
| City:                  |  | State:  |                | Zip: |  |
| Home Phone:            |  |         | Work Phone:    |      |  |
| Cell Phone:            |  |         | Email:         |      |  |

**List any and all persons who will be picking up child from program.** You may add additional names.  
 (ONLY THE PERSONS LISTED BELOW WILL BE ALLOWED TO TAKE CUSTODY OF YOUR CHILD)

| Name | Phone | Relationship | Emergency Contact   |
|------|-------|--------------|---|
| 1    |       |              | <input type="checkbox"/> Can be called in case of emergency |
| 2    |       |              | <input type="checkbox"/> Can be called in case of emergency |
| 3    |       |              | <input type="checkbox"/> Can be called in case of emergency |

**Medical Information:** (Allergies, Existing Physical Conditions and/or Limitations, Medications)

**Additional Information** (Please list anything that you feel would be helpful to provide your child a fun, safe and enriching experience)

|   |                     |       |            |
|---|---------------------|-------|------------|
| <b>Office Use Only</b> Register Code:<br>AFTSCH | Total Fees Paid: \$ | Date: | Pymt Type: |
|---|---------------------|-------|------------|

**PARENTAL WAIVER and RELEASE of LIABILITY**

In consideration of the City of Beacon, its officers, directors, employees and volunteers furnishing services and/or equipment and/or facilities to enable my child to participate in the **Beacon After School Program**, and/or transportation to and from such activities, I agree as follows:

I fully understand, acknowledge and agree that: (1) there are risks and dangers inherent in participation in such activities and the use of equipment and facilities provided; (2) these risks and dangers may be caused by the negligence of the City of Beacon, its officers, directors, employees and volunteers, the negligence of other participants, the negligence of others, and by accidents, breaches of contract, forces of nature, or other causes; (3) these risks and dangers may arise from foreseeable or unforeseeable causes; and (4) by my child's participation in these activities, I hereby assume all such risks and dangers and all responsibility for any losses and/or damage, whether caused in whole or in part by negligence of the City of Beacon, its officers, directors, employees or volunteers, or by any other person.

I, on behalf of myself, my child, my personal representatives, and my heirs voluntarily agree to release, waive, discharge, hold harmless, defend and indemnify the City of Beacon, its officers, directors, employees and volunteers from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services, personal income and otherwise which may arise out of my child's participation in the proposed activities or use of equipment or facilities provided in connection therewith. I specifically understand I am releasing, discharging and waiving any claims or actions I or my child may have presently or have in the future for all actions, omissions or other conduct by the City of Beacon, its officers, directors, employees and volunteers.

While participating in the forgoing activities offered by the City of Beacon, its officers, directors, employees and volunteers are in no way responsible for loss or damage to personal items, including my vehicle.

I further understand, acknowledge and agree that outdoor sports activities are an athletic activity and require a certain amount of physical fitness. My child does not suffer from chronic wrist, arm, shoulder, neck, back, leg or knee problems, or if they do, I have consulted my physician before their participating in the above mentioned activities. If medication is required for any reason, it is my sole responsibility to bring and administer such medication when participating in the programs offered by the City and to inform the City of Beacon, its officers, directors, employees and volunteers of my child's condition before beginning the above mentioned activities.

I authorize and agree to use by the City of Beacon, its officers, directors, employees and volunteers of any and all photographs which may be taken of any aspect of the program and which may include my or my child's image.

I also hereby grant permission for my child to be transported and treated in the event of a medical emergency if I cannot be reached. Any expenses advanced by the City or its representatives for such care shall be reimbursed upon demand.

As a parent/legal guardian of \_\_\_\_\_, I give my permission to Beacon Recreation Afterschool Program to access my child's school medical records in case of an emergency.

I have read the above waiver and release, and by signing it, agree it is my intention to exempt the City of Beacon, its officers, directors, employees and volunteers from liability for personal injury, property damage, and/or wrongful death by negligence or any other cause.

CHILD NAME: \_\_\_\_\_

PARENT/ GUARDIAN NAME: \_\_\_\_\_

PARENT OR GUARDIAN SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_