



**The City of Beacon  
Recreation Department  
After School Program  
Session 3**

January 30<sup>th</sup> through April 7<sup>th</sup>

Welcome to the Beacon After School Program, held directly in your child’s school. This program offers more than just child care; the program offers exposure to many different activities. Some activities may be familiar, some might be new to you and your child. It is our goal to provide a safe and fun recreational experience to all participating children while providing opportunity for enrichment.

Each day, the children are dismissed from their classroom to the gymnasium, where they have about thirty minutes of free play followed by a snack. Children select their activities each day. From 4:00 to 4:50 is the first activity period followed by a second fifty minute activity period. Scheduled activities are complete by 5:45. Parents are welcome to pick their child up at any time prior to 6:00.

Your child may attend any number of days per week. Activities will fill up fast; secure your space early if you want a particular activity. Please see the chart below for the schedule of daily activities<sup>1</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
Sargent	Five Hens Cooking	Fantastic Beasts And How To Build Them	Junior Engineers	After School Puppet Company	Hudson Valley Seed
South	Come Paint!	Five Hens Cooking	The Power Of Song	All-Star Martial Arts	The Ground - Recording Studio
Forrestal	BeBhakti Kids Yoga	After School Puppet Company	Beacon Afterschool Film Festival	Fantastic Beasts And How To Build Them	All-Star Martial Arts

In addition to the main activities above, children have alternative activities to select from each day. This includes time for the children to do their homework.

We offer four sessions each school year, each session will have different activities at each school. You must re-register for each session.

This program is registered through the New York State Office of Children and Family Services. As per OCFS standards, all staff are trained in CPR and First Aid and have passed a criminal background check.

We thank you for the opportunity to be inspired by your children.

Office Use Only  
Register Code: **AFTSCH**

Total Fees Paid: \$

Date:

Pymt Type:

<sup>1</sup> A description of each activity is on the back

## ABOUT OUR ACTIVITIES

**BeBhakti Kids Yoga** - Learn yoga through play. Children naturally practice patience, compassion, love and devotion. Yoga teaches kids to use breath to create space between their thoughts and their reactions, learning to move and to pause with awareness and intention which we cultivate through yoga play.



**B.A.F.F. (The Beacon Afterschool Film Festival)** Learn the basics of filmmaking by creating a Public Service Announcement (PSA). Kids will learn about several aspects of film making including: using the filmmaking equipment, story development with a focus on short form storytelling and the basics of post-production. We will create a short video to share at the end of this session.

**Baking with Five Hens** - Join Five Hens Baked Goods for baking and cooking lessons designed to foster children's kitchen skills. Your child will be trying new foods as we build confidence in the kitchen. Kids will learn about measurements and adapting recipes, the science involved in baking as well as a general knowledge and an appreciation of food. Every class, your child will create and sample a tasty delight.



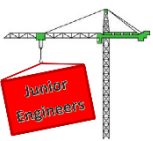
In **COME PAINT!** Kids can express themselves through paint using color, shape and line. Each week we'll learn about an expressionist artist. We will explore color mixing, finger painting, tempera paints, watercolor and cut outs. Our paintings will be spontaneous, intuitive and full of color.

**Fantastic Beasts and How to Build Them** - Explore sculpture in a variety of materials to create creatures both real and imagined. We will build beasts of all types; a zoo favorite, a mythological creature, or a completely made-up beast and transform it into an original creation. Don't worry about the size of the beast. In fact, the bigger the better. Students will sculpt it, paint it and take it home.



**Get Heard!** The Ground Radio will teach us how to get our voice out there. We will be making audio recordings to be shared. Participants will learn about recording, post production and publishing. Older kids will be making podcasts. Younger kids will be creating audio books. All of it will be available for download!

**Hudson Valley Seed** educates children in school gardens, empowering students through curriculum-integrated lessons focused on healthy eating, food literacy, outdoor learning and academic success. This session, we will be in the garden planting vegetables in order to learn more about locally available foods. Kids will be taking vegetables to the kitchen to prepare and enjoy some snacks.



**Junior Engineers** This exciting hands-on program will bring together a variety of engineering elements. Students will use robots, LEGO blocks and simple machines to solve problems. Kids will use their creativity and class concepts to overcome challenges. We will be programming a robot to run a maze, designing simple machines to perform simple tasks and experimenting with size, symmetry and structure.

**Martial Arts** – Join All-Star Karate to learn the basics through kicking, punching, blocks, self-defense, break falling, rolling, and maybe even board breaking. Techniques are reinforced through motivation, fun and games. Students will work to gain confidence, listening skills, self-control, and goal setting. It is a jammed packed session of movement and fun.



**The Power of Song** - Join S.L.Y.M.I. (Sing Like You Mean It!) for an introduction to singing. We will learn songs about the natural world, history, current ideas and occasions, and sing songs with meaning; Students will performance techniques, play instruments and practice using a microphone. Budding songwriters will get to re-write new original lyrics to favorite songs as well as sing along to the classics.

Join the **After School Puppet Company!** Students will learn the basics of puppets through performance in a fun and supportive environment. Using creative play, we will learn performance skills through theatrical adaptations of stories we read as well as those we create. We will build puppets and develop characters.





Return Completed Document to:  
 City of Beacon Recreation Department  
 23 West Center Street  
 Beacon, NY 12508

<b>Beacon Afterschool Program Session 3</b>				<b>January 30 to April 7</b>			
<b>PLEASE FILL OUT COMPLETELY FRONT AND BACK</b>							
School	Monday	Tuesday	Wednesday	Thursday	Friday	5 Days	Total
	\$125	\$125	\$125	\$125	\$125	\$600	
	Add'l child	Add'l child	Add'l child	Add'l child	Add'l child	Add'l child	
	\$110	\$110	\$110	\$110	\$110	\$550	
<b>Please select days you are enrolling at the school your child attends. Fee is per day for session.</b> <i>Example: # of days ___ x \$125= Total <b>OR</b> # of days ___ x \$110= Total <b>OR</b> 5 Days=\$600/\$550</i>							
<b>Sargent</b>							
<b>Forrestal</b>							
<b>South Ave</b>							
<b>Child Name:</b>							
<b>Current Grade:</b>			<b>Gender:</b>		<b>Age:</b>		
<b>Teacher</b>				<b>Date of Birth:</b>			
<b>Parent/ Guardian Name:</b>							
<b>Address:</b>							
<b>City:</b>			<b>State:</b>			<b>Zip:</b>	
<b>Home Phone:</b>				<b>Work Phone:</b>			
<b>Cell Phone:</b>				<b>Email:</b>			
<b>List any and all persons who will be picking up child from program. You may add additional names.</b> <b>(ONLY THE PERSONS LISTED BELOW WILL BE ALLOWED TO TAKE CUSTODY OF YOUR CHILD)</b>							
Name	Phone	Relationship	Emergency Contact				
1			<input type="checkbox"/> Can be called in case of emergency				
2			<input type="checkbox"/> Can be called in case of emergency				
3			<input type="checkbox"/> Can be called in case of emergency				
<b>Medical Information:</b> (Allergies, Existing Physical Conditions and/or Limitations, Medications)							
<b>Additional Information:</b> (Please list anything that you feel would be helpful to provide your child a fun, safe and enriching experience)							

23 West Center Street Beacon, NY 12508 Phone: 845-765-2470 Fax: 845-765-8439

[www.cityofbeacon.org/Government/parksrecreation.htm](http://www.cityofbeacon.org/Government/parksrecreation.htm)

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**PARENTAL WAIVER and RELEASE of LIABILITY**

In consideration of the City of Beacon, its officers, directors, employees and volunteers furnishing services and/or equipment and/or facilities to enable my child to participate in the Beacon After School Program, and/or transportation to and from such activities, I agree as follows:

I fully understand, acknowledge and agree that: (1) there are risks and dangers inherent in participation in such activities and the use of equipment and facilities provided; (2) these risks and dangers may be caused by the negligence of the City of Beacon, its officers, directors, employees and volunteers, the negligence of other participants, the negligence of others, and by accidents, breaches of contract, forces of nature, or other causes; (3) these risks and dangers may arise from foreseeable or unforeseeable causes; and (4) by my child's participation in these activities, I hereby assume all such risks and dangers and all responsibility for any losses and/or damage, whether caused in whole or in part by negligence of the City of Beacon, its officers, directors, employees or volunteers, or by any other person.

I, on behalf of myself, my child, my personal representatives, and my heirs voluntarily agree to release, waive, discharge, hold harmless, defend and indemnify the City of Beacon, its officers, directors, employees and volunteers from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services, personal income and otherwise which may arise out of my child's participation in the proposed activities or use of equipment or facilities provided in connection therewith. I specifically understand I am releasing, discharging and waiving any claims or actions I or my child may have presently or have in the future for all actions, omissions or other conduct by the City of Beacon, its officers, directors, employees and volunteers.

While participating in the forgoing activities offered by the City of Beacon, its officers, directors, employees and volunteers are in no way responsible for loss or damage to personal items, including my vehicle.

I further understand, acknowledge and agree that outdoor sports activities are an athletic activity and require a certain amount of physical fitness. My child does not suffer from chronic wrist, arm, shoulder, neck, back, leg or knee problems, or if they do, I have consulted my physician before their participating in the above mentioned activities. If medication is required for any reason, it is my sole responsibility to bring and administer such medication when participating in the programs offered by the City and to inform the City of Beacon, its officers, directors, employees and volunteers of my child's condition before beginning the above mentioned activities.

I authorize and agree to use by the City of Beacon, its officers, directors, employees and volunteers of any and all photographs which may be taken of any aspect of the program and which may include my or my child's image.

I also hereby grant permission for my child to be transported and treated in the event of a medical emergency if I cannot be reached. Any expenses advanced by the City or its representatives for such care shall be reimbursed upon demand.

As a parent/legal guardian of \_\_\_\_\_, I give my permission to Beacon Recreation Afterschool Program to access my child's school medical records in case of an emergency.

I have read the above waiver and release, and by signing it, agree it is my intention to exempt the City of Beacon, its officers, directors, employees and volunteers from liability for personal injury, property damage, and/or wrongful death by negligence or any other cause.

CHILD NAME: \_\_\_\_\_

PARENT/ GUARDIAN NAME: \_\_\_\_\_

PARENT OR GUARDIAN SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_