

21Meals

3 MEALS A DAY X 7 DAYS A WEEK

A Guide to Free Meals & Low-Cost Groceries in Beacon, NY

Date of Issue: March 2017

Everyone deserves to eat fresh, nutritious foods. This poster explains where you can get the food you need—for free or by using SNAP or WIC benefits.

The 21Meals project was created to give Beacon residents the information they need to put food on their plates.

Soup Kitchens

- 1 First Presbyterian Church of Beacon**
50 Liberty St. (845) 831-5322
Friday and Saturday, 11:00am
- 2 Tabernacle of Christ Church**
483 Main St. (845) 831-4656

Food Pantries

- 3 Salvation Army Beacon**
372 Main St. (845) 831-1253
By appointment only
- 4 St. Andrew's/St. Luke's**
17 South Ave. (845) 831-1369
- 5 New Vision Church of Deliverance**
831 Route 52 (845) 202-7199
- 6 Trinity Episcopal Church**
1200 Main St. Fishkill (845) 896-9884
Fishkill & Beacon residents
- 7 Community Action Partnership for DC**
10 Eliza St. (845) 831-2620
By appointment only

Snap/WIC Benefits Accepted

KEY: **S** Location That Accepts Snap **W** Location That Accepts WIC

- | | |
|--|---|
| 8 Beacon Natural Market
348 Main Street S | 10 Rite Aid
320 Main Street S |
| 9 Key Food Beacon
268 Main Street S W | 11 Beacon Farmers Market
Veteran's Place S W
(next to the Post Office)
Sunday 10am - 3pm |

Summer Programs

KIDS R KIDS SUMMER LUNCH PROGRAM

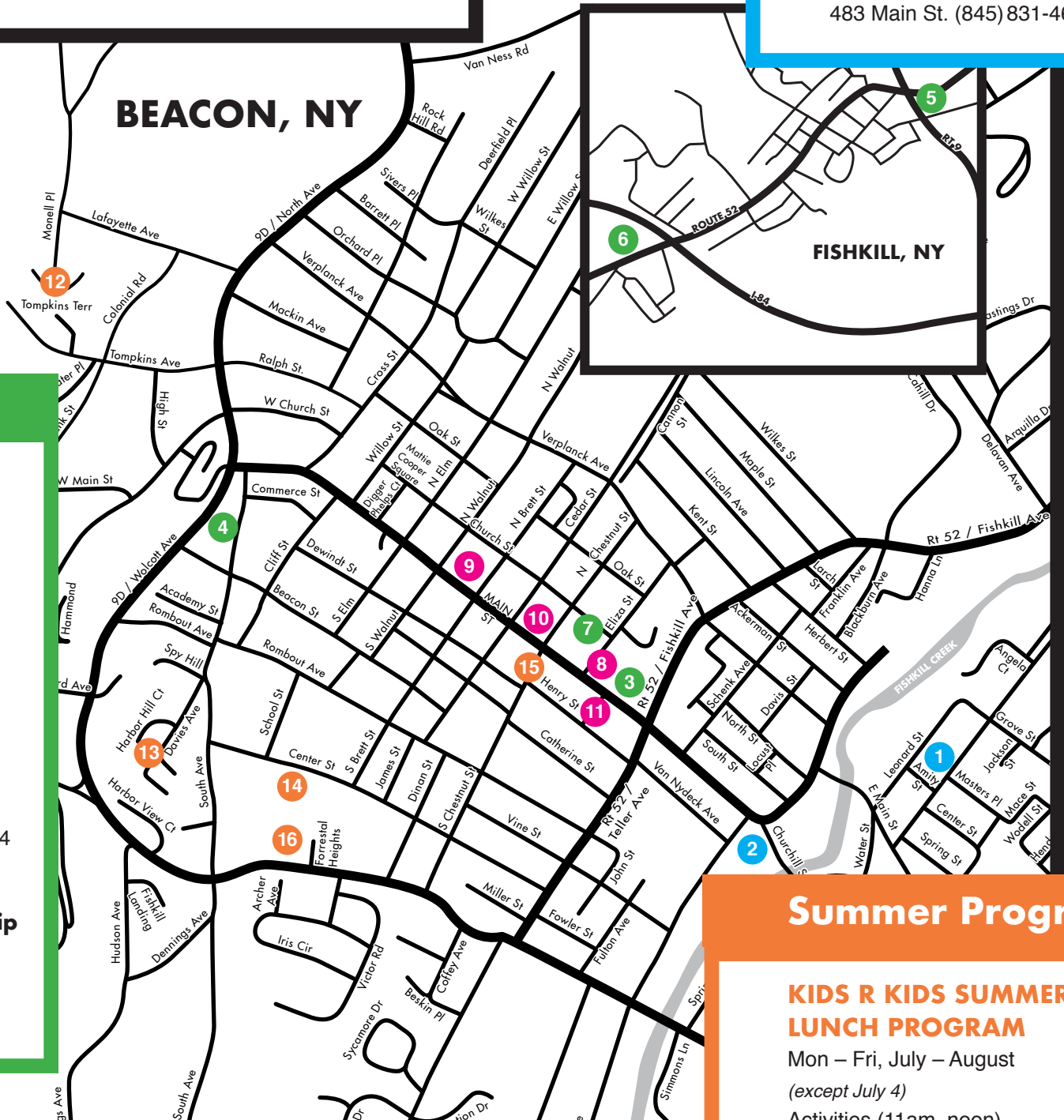
Mon – Fri, July – August
(except July 4)
Activities (11am–noon)
Lunch (noon–12:45pm)

- 12 Tompkins Terrace**
194 Tompkins Terrace
- 13 Davies South Terrace**
52 Davies Terrace
- 14 Beacon Recreation Center**
23 West Center Street

COMMON GREENS MOBILE FARMERS MARKET

Wednesdays, July – September

- 15 Community Health Center Parking Lot**
Corner S. Chestnut & Henry Street
Wed (11am–12:30pm) **S W**
- 16 Forrestral Heights Senior Friendship Center, Parking Lot #2**
One Forrestral Heights
Wed (1–2pm) **S W**



For more information, please call:
Megan Murray (Cornell Cooperative Extension, Eat Smart New York) - Coordinator of the Beacon Nutrition Advisory Committee (845-677-8223)

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